

Age Access Guide



Age In Years	Swimming Pool	Fitness Centre Cardio Area Open Studios	Track	Gymnasium	Non-Aquatic Drop-in Group Fitness Classes	Public Skate & Figure Skating	Public Shinny
0 1 2 3 4 5	A maximum of three children must be actively supervised by a responsible person 15 years of age or older, and must be within arms reach	No Access	Access in strollers only	Actively supervised by a responsible person aged 13 years or older	No Access	Actively supervised by a responsible person aged 13 years and older 'Parents & Tots Skate' supervised by individual aged 16+	No Access
6 7			Actively supervised by an individual aged 16 years and older			Actively supervised by a responsible person aged 13 years and older	6-9 Age Category
8 9	Access* *Children ages 0-13 must pass swim test (25m on stomach) in order to be in water deeper than 'Teen Swim' 13-18	No Access	Access with completed 'Youth in Action' program	Access	Access to specified family-friendly classes	Access	
10 11							Access
12			Access		Access		
13 14 15				Access			
16 17					Access		Access
18+	'Adult Swim'		(Active Older Adult programs available as per drop-in schedules)			'Adult Fitness Skate' 'Older Adult Skate'	